

DISEASE TRANSMISSION

The risk of contracting a disease from someone needing first aid remains relatively low. However, to reduce the chance even more, when rendering first aid, always wear non-latex gloves, and, if performing CPR use a face shield or rescue breathing barrier.

After first aid always dispose of any materials used, e.g. bandages, gloves, etc., safely. These materials should be placed in a biohazard container.

Latex gloves should not be used because there is a risk of either the rescuer or the casualty being allergic to latex. Whenever possible use non-latex, either nylon or vinyl gloves.

These supplies should be kept in all first aid kits. And when used should be replaced immediately.

After first aid all rescuers should immediately wash thoroughly their hands using warm water and soap.

If you ever do come in contact with someone else's bodily fluids you should consult your physician immediately. They will probably administer anti-biotics and monitor for any signs of infections.

